## Drugs requiring step therapy

2020 High Performance Generic Step Therapy for Aetna Standard Plan and Advanced Control Plan



The drugs on this list require step therapy. If you have a medical need for one of these drugs, your doctor can ask for an exception.

## **Brand Medications Requiring Use of Generics First**

You can save money by using safe, effective generic medications when possible. According to your prescription benefit plan, you may have to try one or two generic medication(s) first\* before certain brand-name medications will be covered. The chart below shows you which drugs require the use of generics first. This chart only provides a sample list of generic drug options and may not include all drugs available.

Key	
UPPERCASE	Brand-name medicine
lowercase italics	Generic medicine

## High Performance Generic Step Therapy for Aetna Standard Plan and Advanced Control Plan

Drug class Condition treated**	<b>Step 1:</b> You will have to try one or two* of these generic medications first:		Step 2: Before you can try one of these brand drugs:	These preferred select brand drugs do not require use of a generic first:
ACE Inhibitors/Angiotensin II Receptor Antagonists (ARBs)/ Direct Renin Inhibitors/ Combinations* High Blood Pressure	amlodipine- benazepril benazepril/ benazepril HCTZ candesartan/ candesartan HCTZ captopril/ captopril HCTZ enalapril/ enalapril HCTZ eprosartan fosinopril/ fosinopril HCTZ irbesartan/ irbesartan HCTZ lisinopril/ lisinopril HCTZ	losartan/ losartan HCTZ olmesartan/ olmesartan HCTZ quinapril/ quinapril HCTZ ramipril telmisartan/ telmisartan HCTZ trandolapril trandolapril- verapamil ext-rel valsartan/ valsartan HCTZ	TEKTURNA HCT	Preferred select brand not available in class
<b>Acne/Topical</b> Skin	benzoyl peroxide clindamycin solution clindamycin-benzoyl peroxide clindamycin phosphate gel 1% (except NDC 68682046275) dapsone erythromycin solution erythromycin-benzoyl peroxide sulfacetamide sodium		AZELEX FABIOR RIAX	Preferred select brand not available in class

<sup>\*</sup>Please note: A plan member's Plan determines whether the member must try one or two generics before a brand-name drug is allowed in select drug classes.

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<sup>\*\*</sup>This list indicates the common uses for which the drug is prescribed. Some medicines are prescribed for more than one condition. Brand-name drugs not listed here may be covered by your plan without the use of a generic first. Information provided here is not a substitute for medical advice or treatment.

<b>Drug class</b> Condition treated**	<b>Step 1:</b> You will have to try one or two* of these generic medications first:		Step 2: Before you can try one of these brand drugs:	These preferred select brand drugs do not require use of a generic first:
Antipsychotics Mental Health	aripiprazole clozapine olanzapine palperidone ext-rel	quetiapine/ quetiapine ext-rel risperidone ziprasidone	ADASUVE LATUDA REXULTI SAPHRIS VRAYLAR	Preferred select brand not available in class
Benign Prostatic Hyperplasia-Alpha Blockers Prostate	alfuzosin ext-rel doxazosin dutasteride dutasteride- tamsulosin	finasteride silodosin tamulosin terazosin	CARDURA XL	Preferred select brand not available in class
Bisphosphonates/Combinations Osteoporosis	alendronate ibandronate risedronate		BINOSTO FOSAMAX PLUS D	Preferred select brand not available in class
COX-2 Inhibitors/Nonsteroidal Anti-Inflammatory (NSAIDs)/ Combinations* Pain and Inflammation	celecoxib diclofenac sodium/ misoprostol fenoprofen  (Additional generic NS	ibuprofen meloxicam naproxen tabs SAIDs available)	FLECTOR TIVORBEX VIVLODEX ZIPSOR	Preferred select brand not available in class
Fibrates High Triglycerides	fenofibrate fenofibric acid delayed-rel gemfibrozil		TRIGLIDE	Preferred select brand not available in class
Prostaglandin Analogues and Combinations Glaucoma	latanoprost travoprost		ROCKLATAN VYZULTA XELPROS ZIOPTAN	Preferred select brand not available in class
Proton Pump Inhibitors (PPIs) Stomach Acid	esomeprazole lansoprazole delayed-rel omeprazole delayed-rel pantoprazole delayed-rel rabeprazole		DEXILANT PRILOSEC PACKETS	Preferred select brand not available in class
Selective Serotonin Agonists/ Combinations Migraine	almotriptan eletriptan frovatriptan naratriptan	rizatriptan sumatriptan zolmitriptan	ONZETRA XSAIL ZEMBRACE SYMTOUCH	Preferred select brand not available in class
Serotonin Norepinephrine Reuptake Inhibitors (SNRIs) Depression	desvenlafaxine ext-rel duloxetine delayed-rel venlafaxine/venlafaxine ext-rel		FETZIMA	Preferred select brand not available in class
Selective Serotonin Reuptake Inhibitors (SSRIs) Depression	citalopram escitalopram fluoxetine (except fluoxetine 60 mg tablet) fluvoxamine/fluvoxamine ext-rel paroxetine HCI/paroxetine HCI ext-rel sertraline		PEXEVA TRINTELLIX VIIBRYD	Preferred select brand not available in class

Drug class Condition treated**	<b>Step 1:</b> You will have to try one or two* of these generic medications first:		Step 2: Before you can try one of these brand drugs:	These preferred select brand drugs do not require use of a generic first:
Sleeping Agents Insomnia/Sleep Problems	doxepin tabs eszopiclone ramelteon zaleplon	zolpidem/ zolpidem ext rel zolpidem sublingual	BELSOMRA EDLUAR	Preferred select brand not available in class
Urinary Antispasmodics* Overactive Bladder/Incontinence	darifenacin ext-rel oxybutynin/oxybutynin ext-rel tolterodine/tolterodine ext-rel trospium/trospium ext-rel		GELNIQUE MYRBETRIQ	Preferred select brand not available in class

Updated 07/2020

This is not an inclusive list.

Products may be subject to plan-specific copayment or coinsurance. Some prescription benefit plan designs may not cover certain categories, regardless of their appearance in this document.

Information is believed to be accurate as of the production date; however, it is subject to change.

To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll free number on your member ID card.

